

## Rules English:

### Artistic cycling regulations

Every athlete has got a special bike that fits to his/ her height. The bikes have got a specially shaped saddle and handlebar, so you can stand on. For the same reason the wheel hubs have pins. The bike can be driven forwards and backwards because of the transmission (front sprocket may not have fewer teeth than the rear sprocket). The tires are thin, have little profile and are pumped up with 10 to 12 bar. Indoor cycling is pursued in gymnastic halls on a rectangular competition area (11x14 m). In the middle, there are an 8m-circle, a 4m-circle and a 0,5m-circle.

In artistic cycling, there are many different figures you can do on the bike. These figures are described in a sort of catalogue, so called „UCI Cycling Regulations“. Every figure has got its own point value. The point value depends on how difficult the figure is. In competitions, the athlete shows a riding performance, consisting of maximum 25 figures (pupils) or maximum 30 figures (junior and elite). All figures have to be shown to the commissaires panel in maximum 5 minutes. The point values of the separate figures are added to a total score. The riding performance can be shown to music.

The commissaires panel consists of 4-6 commissaires and a Chief Commissaire. They evaluate the shown figures regarding the right sequence and the correct execution. For every mistake, for example unsteadiness or illegal contact with the floor, certain points are devalued from the total score. The final result is compared to the other competitors of the respective discipline and agegroup, so that a winner can be determined.

#### Disciplines:

- Single artistic cycling
- Pair artistic cycling
- Artistic Cycling Team 4 (ACT4)
- Artistic Cycling Team 6 (ACT6)

#### Age-groups:

- Elite over 18 years
- Juniors, female/ male U19
- Pupils female/male U15, U13 and U11

Every discipline has got its own list of figures. Details are described and regulated in the international UCI Cycling Regulations of Artistic Cycling:

#### Complete Set of Rules:

[https://www.uci.org/docs/default-source/rules-and-regulations/8-ind-20201102e.pdf?sfvrsn=ea72624e\\_4](https://www.uci.org/docs/default-source/rules-and-regulations/8-ind-20201102e.pdf?sfvrsn=ea72624e_4)

