

## Rules English:

### Cycleball regulations

In cycleball usually two teams consisting of two athletes play against each other.

The cycleball bike weighs about 11 kg, hasn't got gears or brakes but it has got a fixed, very low transmission (1:1), which is necessary for braking. Special about the bike is the bent handlebar and the saddle, which is placed far at the back for the right centre of gravity. The tires are pumped up with 7-10 bar and are specially made for sports halls.

The ball is relatively small, weighs about 500-600 grams and has got a diameter of 17-18 cm. It is covered with material/fabric and filled with deer hair.

One game lasts 2x 7min. The pitch is 11 m wide, 14m long and surrounded by an about 30cm high barrier. The goals are 2m wide and high and surrounded by a semicircular penalty area (radius 2m).

There are corners, kick offs, free kicks and penalty kicks like in football.

The ball can only be attacked from the "open side" (= front wheel of the opponent isn't in the way). The wheel or the player must not be attacked or it's a breach of the rules, which is punished with a free kick.

Only one forward and one defender are allowed to be in the penalty area. The forward is only allowed to be in the opposing penalty area if the ball is there too. In the penalty area, a defending player is allowed to clear the ball with hands, if both feet touch the pedals and all contact surfaces are inside the penalty area. A penalty kick (4m kick) is awarded for defending the ball in manner not in accordance with the rules. If there are both defenders in the penalty area, there is a 4m penalty kick too.

The ball can only be played with the bike or the body (without hands and arms). At least one hand must be on the handlebar and one foot on the pedals. If a player gets off of his bike or touches the floor otherwise (or leans against the barrier or the goal), he is no longer eligible to play. After he does one "standing step", he isn't allowed to intervene in the game or there is a 4m penalty kick. To get back the eligibility to play, he has to drive over his own byline.

Complete set of rules:

[https://www.uci.org/docs/default-source/rules-and-regulations/8-ind-20201102-e.pdf?sfvrsn=ea72624e\\_4](https://www.uci.org/docs/default-source/rules-and-regulations/8-ind-20201102-e.pdf?sfvrsn=ea72624e_4)

